

16SP101/102/103					NCC/NSS/SPORTS					
Teaching Scheme					Examination Scheme					
L	T	P	C	Hours/Week	Theory			Practical		Total Marks
					MS	ES	IA	LW	LE/Viva	
0	0	2	1	2	* Continuous Evaluation			--	100	

COURSE OBJECTIVES

- To develop discipline, character, brotherhood, the spirit of adventure and ideals of selfless service amongst young
- To develop youth leadership in the students
- To induce social consciousness among students through various camps and 'Shibir' activities
- To develop skills and physical fitness among students through indoor & outdoor sports, field & track events

National Cadet Corps (NCC)

Introduction to NCC, Aims and objectives, Structure and organization, NCC Song, Incentives, National Integration and Awareness, Drill, saluting, Personality Development & Leadership, Disaster Management, Social Awareness & Community Development, Health & Hygiene, Adventure camps, Environment Awareness and Conservation, Obstacle Training, Armed forces, Map reading, Field Craft & Battle Craft, Introduction to Infantry Weapons & Equipment, Weapon Training (During camps), Participation into Republic and Independence day ceremonial parades.

National Service Scheme (NSS)

Orthographic Projections: Principle of projection, Principal Planes of projection, Projections from the pictorial view of the object on the principal planes using first angle projection method and third angle projection method. Sectional View: Principle and applications

Sports

Importance of sports/games in life, Physical fitness, Introduction to various games and sports, field and track events, Physical training, exercises, running, walking, jogging, Teaching of different sports/games, track & field events, demonstration, practice, skills and correction, Introduction to Yoga & Meditation.

COURSE OUTCOMES

On completion of the course, student will be able to

- CO1: Understand the importance of Nation building and individual contribution to the same
- CO2: Integrate physical fitness and mental wellbeing
- CO3: Discover grassroots challenges of community
- CO4: Creating societal impact
- CO5: Maintain discipline and team spirit
- CO6: Upholding the value of one for all and all for one

END SEMESTER EXAMINATION QUESTION PAPER PATTERN

Max. Marks: 100

Exam Duration: --

* All registered students will be evaluated based on his/her attendance during the NCC/NSS/Sports sessions and participation to camps and other activities.